

LAURIE GARDNER: SUGGESTED INTERVIEW QUESTIONS

1. What brought you to writing “The Road to Shine?”
2. What are the “blind spots” you write about that are holding people back?
3. If you feel detached and numb, just slogging through every day, what step can you take to feel more satisfied with your life?
4. Is it really possible to change?
5. Why is it so hard to be our real selves?
6. You teach a lot about changing your attitude. How does that change your life?
7. Any final message that you want to leave people with about how to move from a life that’s crappy to a life that’s happy?
8. How can people find your book and your services?